

Men's Printable Shoe Size Guide

Print off the men's shoe size guide on A4 paper at 100% scale and place it on the floor with the toes pointing away from you.

Check it is to scale using a ruler.

Place your foot on the paper with your heel matching the one on the guide.

Make a note where the longest part of your foot is using a ruler to match it up to the scale on the right. Repeat for the other foot.

As a general rule, you should have around 10mm space between your longest toe and the shoe. If your feet are different sizes then take the largest as your shoe size.

UK 13 / EU 48	305mm
UK 12 / EU 47	296mm
UK 11 / EU 46	288mm
UK 10.5 / EU 45	283mm
UK 10 / EU 44.5	279mm
UK 9.5 / EU 44	275mm
UK 9 / EU 42	270mm
UK 8.5 / EU 41.5	267mm
UK 8 / EU 41	262mm
UK 7.5 / EU 40.5	258mm
UK 7 / EU 40	254mm
UK 6.5 / EU 39.5	251mm
UK 6 / EU 39	246mm
UK 5.5 / EU 38.5	241mm
UK 5 / EU 38	237mm
UK 4.5 / EU 37.5	233mm
UK 4 / EU 37	229mm
UK 3.5 / EU 36.5	224mm
UK 3 / EU 36	220mm

